

May 2026



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Thank You for What You Make Possible Every Day

I want to take a moment to thank each of you—wellness nurses, coordinators, supervisors, and partners across the state—for the extraordinary work you do every day. A recently published, [peer-reviewed study](#) has given us powerful evidence of what we have long known to be true: **your work is measurably improving health, extending lives, and helping participants age with dignity and independence.** [Read full letter here....](#)

SASH Flash

Options for Upcoming Months

[SASH Flash STAR Page](#)



[LGBTQ Pride Month](#)
[Spring Crossword Puzzle](#)



[Summer Safety Poster](#)
[Summer BBQ Side Dish](#)

STAR Highlights

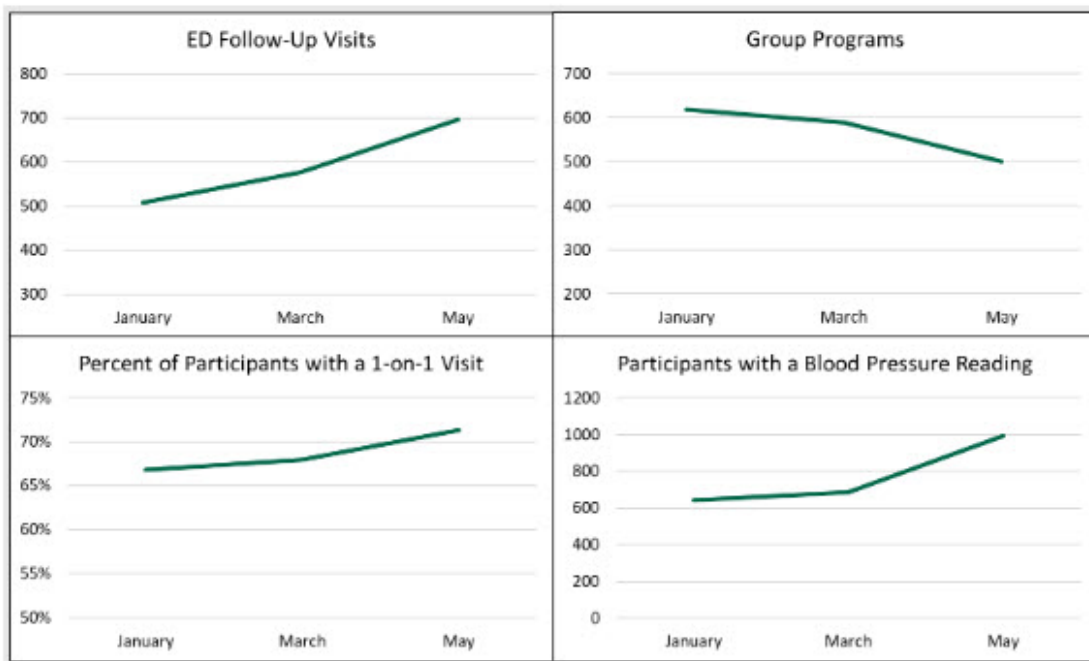
Each week we try to post a **SASH Announcement** on the STAR Homepage (top right). This is a space where we post reminders, new desk aids, quick tips, and more.

Also, our marketing team does a great job posting to the SASH VT **Facebook** page. You can “follow” us on Facebook and/or check out the feed on the STAR homepage!



Program Impact Snapshot January - May 2026

You all have made great progress documenting your work over the past two months. ED follow-up visits, blood pressure readings, and participants with 1-on-1 visits are all at the highest level since we started tracking in January. Keep up the good work!



SASH Spotlight - Autumn Dorman

Cornerstone Housing Partners

Autumn joined SASH a year ago and dove into 5 (FIVE) Panel's as our Wellness Nurse. She has done this with ease and grace. Her respectful and professional attitude with co-workers and participants have made her irreplaceable. Thank you Autumn!



Autumn Dorman, RN
SASH Wellness Nurse

Wellness Nurse Corner



It's not a sprint, it's a marathon. Actually, it's a relay! In July Marci will be handing the WN Lead and Health System Educator baton back to Casey. Marci has dedicated the last 4 years to the SASH program and we are **immensely thankful** for her leadership. [Read more here....](#)

Check out the [Nurse Newsletter](#) for great resources on the 4M's - Medication like Beers Criteria, High-risk supplements and ED follow-up workflow.

CHLP Submission Update

Thank you to the **74%** of panels who have submitted their Community Healthy Living Plan (CHLP), we truly appreciate your time and effort. If you haven't submitted yet, there are still a couple of months left, and support is available if needed.

Annual Reminder: Use and Disclosure Forms

Please remember to review your panel-specific Use and Disclosure (U&D) forms annually to ensure accuracy, including active MOUs and the correct Privacy Officer. While the updated VT U&D form (effective January 1, 2025) supports continued communication when renewals are difficult, U&Ds must still be updated yearly. **Expired U&Ds will not receive Bamboo Health pings.**

Software Systems Update

New report available in FAMCare! To help you better track what matters most to your participants, we created a new [Person Centered Interview Report](#), which can be found under the [Panel Reports](#) section in FAMCare.

This report works very well with the search feature, which is available when you run the report in DataSet mode. This allows you to search the text of your participants' answers so you can find common interests among your participants.

For more guidance on how to best use this report, review the [April Software Systems Webinar](#), or reach out to us at sashhelpdesk@cathedralsquare.org.



In Case You Missed It!

- [Emergency Department Use Webinar](#)
- [New versions of the SASH Assessment](#) have been posted to STAR. Please remember to recycle old blank paper versions and print the new version. A list of changes can be found in an email sent out on 4/16/26 from the Software Systems Team or in the recording of the Software Systems Webinar dated 4/21/26.
- [Voice Typing](#)
- [Falls Prevention Webinar](#)

Monthly Webinars/Events

5/13 at 12:00pm - R & R CIRCLES: (Staff Edition)
5/14 at 9:00am - Joint Webinar: Advanced Care Planning
5/19 at 9:00am - Software Systems Webinar
5/27 at 12:00pm - R & R CIRCLES: (Supervisor Edition)
6/4 at 9:00am - Joint Webinar: Heat Safety Training
6/10 at 12:00pm - R & R CIRCLES: (Staff Edition)
6/16 at 9:00am - Software Systems Webinar
6/24 at 12:00pm - R & R CIRCLES: (Supervisor Edition)
9/29 - Virtual SASH Conference Day 1, time TBD
9/30 - Virtual SASH Conference Day 2, time TBD

SASH Referrals

Statewide
Contacts

Admin Team

Website

STAR



SASH at Cathedral Square, 412 Farrell St., Suite 100, South Burlington, VT 05403

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